

AUGUST 2021 MENU

Mon	Tue	Wed	Thu	Fri
2 Waffles (WG) w/Syrup Breakfast Ham Hash Browns	3 BBQ Chicken Nuggets Seasoned Mixed Rice (WG) Corn	4 Cheese Quesadillas (WG) Salsa Mexican Rice (mix of brown/white) Shredded Lettuce and Cucumbers	5 Turkey & American Cheese Sandwich on Wheat Bread (WG) Tater Tots w/Ketchup	6 Meatball Grinder w/ Marinara Sauce on Roll (WG) Green Beans
Milk Bananas	Milk Mixed Tropical Fruit	Milk Watermelon	Milk Apple Wedges	Milk Sliced Strawberries w/Cream
9 Chicken Parmesan Steamed Broccoli Florets Seasoned Pasta (WG) Milk Orange Slices	10 Soft Tacos (WG) Seasoned Meat, Lettuce, Cheese, Salsa Corn Tortilla Crisps Milk Peaches	11 Mac & Cheese Steamed Zucchini & Squash Wheat Bread (WG) & Butter Milk Orange Smiles	12 Teriyaki Meatballs Wild (WG) Rice Steamed Peas Milk Sliced Strawberries w/Chocolate Pudding Dip	13 Chicken Tenders w/ Sweet & Sour Sauce Steamed Baby Carrots Sweet Potato Mash Milk Pears
16 Ham & Shredded Cheddar Cheese on Wheat Wrap (WG) Pickles Celery w/Dip Tator Tots	17 Wheat Pita (WG) Pizza (Turkey Pepperoni, Tomato Sauce, Mozzarella Cheese) Marinara Dip Fresh Green Beans	18 Baked Pasta (WG) Twists w/Meat Sauce (HM) Mixed Mozzarella/ Parmesan Cheese Corn	19 Chicken Alfredo Spinach Salad w/ Cucumbers & Dressing Warm Rolls (WG)	20 Sloppy Joes on a Roll (WG) Summer Squash French Fries w/ Ketchup
Milk Pineapple Rings	Milk Tropical Fruit & Yogurt Freeze	Milk Melon Chunks	Milk Fruit Cocktail	Milk Peaches
23 Elbow Pasta (WG) w/ Meat Sauce (HM) Warm Rolls Peas Milk Fresh Apple Slices	24 Grilled (WG) Cheese Baby Carrots w/Dip Chicken Noodle Soup (HM) Milk Blueberry Topped Angel Cake	25 Chicken Stir Fry Teriyaki Sauce Brown Rice (WG) Steamed Broccoli Milk Fresh Pineapple Wedges	26 Fish Tacos (w/Shredded Lettuce &, Tartar Sauce) on Soft Taco Shell (WG) Cheesy Cauliflower Milk Fruit Cup	27 Pancakes w/Syrup Yogurt Whip Hash Browns Milk Banana Chunks
30 Mac (WG)& Cheese Steamed Whole Green Beans Milk Orange Smiles	31 Shepherd's Pie (served separately - mashed potatoes corn, seasoned hamburg) Wheat Bread (WG) Milk Applesauce w/ Warm Cinnamon Pita Wedges	Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.	(HM) = Home Made Color (WG) = Whole Grain Food	